

Japanese Manners School

Why don't you learn the spirit of Japan?



What are Japanese manners?

Traditional Japanese etiquette consists of what we call 'kokoro' and 'katachi'. These translate to 'mind' and 'form' – 'kokoro/mind' is how we respect others, and 'katachi/form' is how we put this respect into action. Therefore, etiquette can be considered to be 'form', or actions themselves.

The way we express this 'mind' and 'form' comes about through showing respect to those around us, it as a code of conduct where communication can be undertaken regardless of our different values, customs, or stature.

